



Professional Training Programs

Position Description for Trainees

Job title: **Mental Health Intern Clinician – Assertive Community Treatment (ACT)**

Income: **Part time – \$15.00 an hour (Up to 1,000 hours)**

Work Location: **Behavioral Health Services (TBD)**

Division/Department: **Community Access to Recovery Services Division (CARS)**

Reports to: **Integrated Services Manager - ACT**

Job Summary:

For our program directly, we can offer a range of time for direct face to face hours (8-16 hours a week), this is dependent on the amount of time allotted to the internship throughout the week.

Essential Duties and Responsibilities:

Trainees will have the opportunity to work with CARS Assertive Community Treatment (ACT) Team who work with consumers with chronic mental illness (Schizophrenia-spectrum disorders, other Psychotic Disorders, Bipolar Disorder) who have continuing high service needs and significant functional impairments, which often include a lack of engagement and/or insight, that make it difficult to navigate a complex treatment system and transfer learning across environments.

The primary goal of the ACT Team Trainee is to provide community-based treatment to individuals that have multiple needs that span across numerous life domains, from basic survival skills in the community (such as access to food or housing) to psychosocial treatment. Focus is on helping individuals become more active in their communities and improve self-sufficiency so that dependence on the ACT team, and other professional services gradually decrease. Trainees will also be part of monitoring treatment adherence for ACT consumers that are on a Civil Commitment.

- Shadow team members for orientation and training
- Conduct individual assessments, including in-depth assessment at time of intake. Routine assessments thereafter at least every six months. Works with consumer and natural support system to establish rehabilitative goals to further the consumer's recovery process.
- Provide direct case management services to help the consumers successfully live in the community.
- Provide crisis response services to individuals who are experiencing a psychiatric crisis. Interfaces with county operated crisis services, hospitals, and others as needed.
- Attend ACT Daily Team Meetings
- Using Motivational Interviewing, Cognitive Behavioral Therapy, Dialectical Behavioral Therapy, Enhanced Illness Management and Recovery and other evidenced based therapeutic practices, provides individual and/or group therapy as well as psychoeducation groups to ACT team consumers.
- Provide group facilitation
- Complete clinically sound and timely documentation of all services rendered on behalf of consumers served by ACT team in the Electronic Medical Record.
- Travel of up to 50% of time within the community as part of providing community-based services is required.

In addition to working with the CARS ACT Team, the trainee will have the opportunity to learn about operational aspects of community services offered at CARS. This may involve participating in operations meetings for programs including Targeted Case Management, Community Support Program, Group Homes, AODA Residential, Recovery

Support Coordination, and Comprehensive Community Services to gain knowledge of how these programs operate. Perform related duties as assigned by supervisor. Maintain compliance with all company policies and procedures.

Work Experience Requirements:

- This position is limited to students in need of a 2-3 semester placement.
- This position requires you to have completed the vaccination against COVID-19 and provide proof of a completed vaccination as a condition of employment or submit a completed medical or religious exemption and accommodation request form.
- Currently in a master's degree program in Social Work, Psychology, Counseling or in a closely related field.
- Valid Driver's License and access to a reliable insured vehicle, both maintained throughout employment.
- Excellent verbal and written communication skills, including ability to effectively communicate with internal and external customers.
- Excellent computer knowledge (MS Office – Word, Excel and Outlook).
- Must be able to work under pressure and meet deadlines while maintaining a positive attitude and providing exemplary customer service.
- Ability to work independently and to carry out assignments to completion within parameters of instructions given, prescribed routines, and standard accepted practices.
- Able and willing to travel, within the community, up to 50% of work time, transport consumers, and attend meetings and trainings as necessary.

Interested in learning more about Community Access to Recovery Services (CARS) program?

Click the link below:

[Adult Services \(CARS\) \(milwaukee.gov\)](https://www.milwaukee.gov/Adult-Services-CARS)

Funder Accountability:

The Mental Health Clinician internship is a grant-funded position as part of the Substance Abuse Mental Health Service Administration (SAMHSA) Assisted Outpatient Treatment (AOT) Grant and will be housed at Milwaukee County Behavioral Health Services.

Milwaukee County Behavioral Health Services (BHS) is working in partnership with Milwaukee Comprehensive Care Collaborative (MC3), a grassroots organization that strives to improve the quality and delivery of behavioral health services and we are committed to the MC3 values and providing an exceptional internship experience. BHS promotes educational and cultural development of Milwaukee County through innovative collaborations, external partnerships, and a strong commitment to diversity and inclusion.

We seek greater diversity in our staff to broaden students' work experience and to enrich our community. You will have the opportunity to work with consumers that have complex needs, i.e., mental health, substance use and social economic status. Candidates must be sensitive to the needs of and possess an interest in working in a community that is diverse, with regard to gender, race, ethnicity, religion, nationality, sexual orientation or identity, disability status, and protected veteran status.